

YEG Family Counselling

Emotionally Focused Couples/Family Therapist

Full Time / In person-Hybrid

Are you the type of therapist who loves your work with clients but struggles with red tape? Do you love attachment theory, somatic therapy, neurobiology, or working with clients from the inside out? Do you enjoy working with clients who are a bit “different” in one way or another? Do you thrive working independently, but in close proximity to a supportive team?

If you are the type of person that...

- Loves your clients but has a hard time fitting into the boxes created by an agency or a typical private practice...
- Can get stuff done on your own but really thrives when working with an interdisciplinary team...
- Loves Emotionally Focused Therapy and is trained in this model...
- Is always honing your craft as a clinician to serve your clients better...
- Has done work on yourself in exploring the ways that systemic factors have harmed or served you...
- Is super nerdy about attachment, polyvagal theory, EFT, or your chosen therapeutic modality...
- Isn't afraid to ask questions, question assumptions, and gently challenge systems when they aren't working properly (and you HATE passive aggression)...

...then we're looking for you!

About Us

YEG Family Counselling is a thriving and quickly growing private practice that focuses on attachment and neurobiology. Our basic assumption is that everything people do (whether it's working well or not) is an attempt to find protection, connection, and safety. The vision for our practice is to have an inclusive, warm space for both therapists and clients so that we can help people sort out the complexities of their relationships, along with the beliefs, somatic experiences, fear, and shame that sometimes come along with them.

We are also committed to inclusion on purpose. By inclusion, we mean that every type of client, no matter their gender, sexual orientation, ability, neurodiversity, race, or religion, is welcome here, full stop. That goes for clinicians also. When we say "on purpose," it means that we speak out against the capitalistic and patriarchal systems that keep people marginalized, both in session and out, we give back to our community, and we are committed to asking the hard questions of ourselves and each other when necessary. If you agree, the secret code is "espresso". Please include this in the indicated line of your online application.

Amy Nydam, the CEO and founder of this practice, is a Registered Psychologist who is downright nerdy about Emotionally Focused Therapy and has trained extensively in this model. She is also working actively toward certification and Supervisor status in this model. Her leadership style is collaborative with both assertiveness and warmth.

Job Description:

This is a FULL TIME position, which means 30 available client hours per week with 20-25 being actual client hours.

Specific scheduling details are negotiable, but we expect at least 6 hours per week to be available outside of normal business hours (evenings and/or weekends).

Work from home for a portion of these hours is negotiable.

We are looking specifically for a therapist who is trained in Emotionally Focused Therapy (iceeft.org) and is experienced in working with couples and/or families in this model.

We require our therapists to participate in the marketing of the practice as well as offering back to the community, which may include (depending on the skills and creativity of the individual): speaking engagements, community workshops, networking, social media, and offering a limited number of reduced-fee sessions.

Qualifications

Please note: in our experience, people from marginalized groups often only apply for jobs that they feel 100% qualified for. Please don't be one of them. We're imperfect communicators, and as such, we encourage you to **apply if you feel you can do the job, even if you don't exactly meet all of these qualifications.**

1. Status with one of the following credentials:
 - a. Registered or Provisionally Registered Psychologist
 - b. Registered Social Worker (minimum Masters degree plus clinical designation)
 - c. Certified Canadian Counsellor
2. Training in Emotionally Focused Therapy: at minimum has completed a four-day Externship approved by ICEEFT (iceeft.org). Completion of Core Skills and further supervision or study is an added bonus.
3. Is not employed (or will not remain employed) with any other job in the mental health field. This is important as we want to encourage full investment in our own practice as well as keeping our clinicians' work-life balance in the forefront.
4. Availability for at least 6 client sessions outside of regular business hours (evenings after 4 pm and on weekends).
5. Ability to work in person for the majority of shifts.
6. **NON-NEGOTIABLE** belief that Black Lives Matter, Love Is Love, trans and women's rights are human rights, equity (not just diversity and inclusion) is a must, and that being part of a vision and values-led business is the ideal type of job for you - if you agree, the secret code is "espresso" - please include this in your online application.

Compensation Details

Our practice offers competitive compensation in line with experience. We use a fee-split model with scheduled increases. Possible salary range with a full-time caseload is \$96,000 - \$110,000 per year.

Other things we offer:

- Flexibility with weekly schedule.
- Flexible time off.

- Administrative support.
- Paid networking time.
- A beautifully furnished office space on 124 Street with beautiful views of downtown Edmonton.
- The ability to work with your ideal clients.
- Room for you to put your stamp on your job description to highlight your areas of expertise and areas of passion.
- A supportive work environment and a kickass entrepreneurial boss who loves to collaborate and listen to others' ideas.
- Experience working within a growing practice where you can leave your mark.
- An ever-expanding list of benefits, which you can help prioritize.

Application Instructions

Before you apply: carefully review all of the responsibilities of this position provided in the job description above, as it includes key details. Once you've done so, please go to www.yegfamilycounselling.com/work-with-us and follow the instructions listed there for applying.

Please note that we will ONLY review applications submitted via these links and do not accept applications submitted via email. Of course, if you have any questions, you can reach us via email at hello@yegfamilycounselling.com.